

PSHE LONG TERM 2021 RACE LEYS INFANT SCHOOL internet safety learning RE and science will all link in

YEAR 2	Health and well-being include mental health	relationships	living in the wider world
Au 1	<p><u>Healthy me</u> I can suggest some ways I can keep looking after myself and be healthy I can talk about a healthy lifestyle and how to this including the benefits of physical activity, rest, healthy eating and dental health I can make real informed choices about what I can do to make me feel better (physically and emotionally) I know about good and not so good feelings and have some words to describe them I know that the choices I make can have good outcomes or not so good outcomes</p>	<p><u>Me and other people</u> I listen to others and play and work co-operatively. I recognise how my behaviour affects others and how I can adapt it I identify how special people care for each other I recognise different feelings people show for each other I recognise difference relationships friends, relatives family I know what a good friend should be like with me I know I might fall out with my friends I know about people who look after me I can say my family network I can say who I can go to if I am worried and how to attract their attention by repeating my message I know that I have different relationships with my friends family relatives</p>	<p><u>Money and me</u> I can say where money comes what it can be used - including concept of saving and spending I know how long it might take when I bring money for my bookshop I can say how I might help to earn some money I can say why we need to help others and suggest how we can do this eg Harvest</p>
Au 2		<p><u>No bullying here</u> I recognise different types of teasing and bullying, I understand that these are wrong and unacceptable and say why. I know about ways to resist teasing and bullying and how to get help I can give examples of being resilient I can give examples what is fair and unfair , kind and unkind I can describe how people's bodies and feelings can be hurt (including what makes them feel comfortable and uncomfortable)</p>	

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		<p>I listen to other people and play and respond to work cooperatively</p> <p>I can describe a strategy to resolve simple arguments through negotiation</p> <p>I recognise what is fair and unfair right and wrong and can give examples</p>	
Sp 1	<p><u>Learning me</u></p> <p>I offer constructive feedback and support to others.</p> <p>I set myself a simple but challenging goal with the help of my teacher</p> <p><u>SAFE me</u></p> <p>I can say what is meant by privacy and how I have the right to keep things private</p> <p>To recognise that I share a responsibility for keeping myself and others safe, when to say 'yes', 'no', 'I'll ask' and 'I'll tell'</p> <p>I recognise physical differences know similarities and differences between boys and girls and name body parts</p>	<p><u>Respecting me</u></p> <p>I can explain what kind of contact is ok or not ok and I know how to respond to this</p> <p>I can explain the difference between secrets and nice surprises</p> <p>I can relate my uncomfortable feelings to my early warning signs</p> <p>I identify my special people</p> <p>I know why my special people are important to me</p> <p>I know how special people should care for each other I give examples</p> <p>I know they should make me feel happy and safe</p>	<p><u>Emergency</u></p> <p>I can say how I contact those special people when I need their help, including dialling 999 in an emergency</p>
sp 2	<p><u>SAFETY AND WELL ME</u></p> <p>I can talk about how some diseases are spread and can be controlled</p> <p>I can give examples of how I can look after my own health both physical and mental</p> <p>I can tell someone when I don't feel physical or mentally well using some of the emotion words I have learnt</p> <p>I can cross a road safely with my adult and talk about what I need to do</p> <p>I take some responsibility for keeping safe outside and can talk about some important rules</p> <p>I can make my own rules for keeping physically and emotionally safe including use of the <u>internet</u></p>		

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	<p>I can take some responsibility for being safe at home and can talk about important rules - safety with medicines</p> <p>I can talk about being safe on a road on my bike near railways and with fire</p>		
Su 1			<p><u>Me in the world</u></p> <p>I can talk about the things that help me belong to my special group</p> <p>I can talk about why I need to belong to a group</p> <p>I can say why groups are important to the people who are in them</p> <p>I can talk about the needs people and other living things have and that we have responsibilities to meet them</p> <p>I can give examples</p>
su 2	<p><u>Knowing</u></p> <p>I can explain the different body parts and name them</p> <p>I can explain a lifecycles</p> <p>I can talk about the things I have learnt to do by myself</p>	<p><u>Thinking me</u></p> <p>I can explain what makes us the same or different</p>	<p><u>Me helping others</u></p> <p>I can talk about a responsibility I have and a new one I might have in year 3</p> <p>I know I need to return things I have borrowed</p> <p>I can take a responsibility at school eg reading buddy</p>