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| **Area** | **EYFS** | **Year 1** | **Year 2** |
| **PATHS** | I can understand feelings, happy, sad, angry and excited and worried.  I am beginning to develop strategies to manage feelings (turtle)  I can differentiate between comfortable and uncomfortable feelings. | I can understand feelings, tired, frustrated, proud, love, worried, disappointed, jealous, furious, guilty and generous.  I can complete basic problem solving.  I can begin to make choices. | I can learn about self-control and anger management.  I can practice calm and relaxation.  I can show problem solving skills. |
| **PROTECTIVE BEHAVIOURS** | I can recognise when I feel safe. I will learn about private parts of the body. I will learn what my Early warning signs are. I will learn about my Network hand – recognising people I can go to if I feel unsafe. | I know how to behave when we have feelings. I can recognise Early warning signs. I have an understanding of body privacy. I understand the difference between safe and unsafe secrets. I will learn about my Network hand – recognising people I can go to if I feel unsafe. | I will discover and explore what our rights are. I will learn what my Early warning signs are. I will understand the importance of personal space. I will learn about my Network hand – recognising people I can go to if I feel unsafe. |
| **JIGSAW** | **Being me in my world** I can understand my self-identity. I can begin to understanding feelings. I can feel happy being in the classroom. I can be gentle. I can understand my rights and responsibilities.  **Celebrating Difference** I can identify talents. I can understand about being special. I can explore a variety of families. I understand where we live. I can begin to make friends. I can learn how to stand up for myself.  **Dreams and Goals** I can understand challenges and perseverance. I can begin to set goals. I can begin to overcome obstacles and ask for help. I can explore the variety of jobs that people do and consider how to achieve goals. **Healthy Me** I can understand how to exercise bodies. I can discuss the physical activities that I enjoy. I can understand the importance of healthy food and sleep. I can understand the importance of keeping safe.  **Relationships** I can understand family life and friendships. I can explore what happens when people fall out. I understand what being a good friend means and how to deal with bullying.  **Changing Bodies**  I can name parts of my body. I understand how to respect my body. I understand the changes that happen when we grow and change. I can explore things I find fun and things that worry me. | **Being me in my world**  I can feel special and safe. I understand what it means to be part of a class. I understand my rights and responsibilities. I understand rewards and feeling proud. I can understand consequences.  **Celebrating Difference**  I can understand similarities and differences. I understanding bullying and knowing how to deal with it. I can explore making new friends. I can celebrate the differences in everyone.  **Dreams and Goals**  I can set goals and identify successes and  Achievements. I am aware of different learning styles. I can work well and celebrate achievement with a partner. I can tackle new challenges. I can identify and overcome obstacles. I understand my feelings of success.  **Healthy Me**  I can understand how to keep myself healthy and make healthier lifestyle choices. I understand about keeping clean and being safe. I understand about medicine safety/safety with  household items. I can discuss road safety. I understand the link between health and happiness.  **Relationships**  I can explain that I belong to a family. I can make friends/know how to be a good friend. I can share my physical contact preferences. I know who the people who help us are. I understand the positive of qualities as a friend and person. I can be kind to myself and can celebrate special relationships.  **Changing Bodies**  I can explore life cycles – animal and human. I can identify changes in myself since being a baby. I can understand the differences between female and  male bodies (using the correct terminology). I can explore coping with change and transitions. | **Being me in my world**  I can explore hopes and fears for the year. I understand my rights and responsibilities. I understand rewards and consequences. I can help create and maintain a safe and fair learning environment. I can value contributions. I can understand choices. I can recognise feelings.  **Celebrating Difference**  I can understand and challenge assumptions and stereotypes about gender. I can understand bullying. I can stand up for myself and others. I can make new friends. I can understand gender diversity and will celebrate difference and remaining friends.  **Dreams and Goals**  I can achieve realistic goals and show perseverance. I can learn my own strengths and how to learn with others co-operatively. I can contribute to and share successes.  **Healthy Me**  I am exploring self-motivation. I can make healthier choices. I can understand relaxation. I can understand the benefit of healthy eating, nutrition, healthier snacks and sharing food.  **Relationships**  I can explain the different types of family. I can understand physical contact boundaries. I can understand different friendships and how to resolve conflict. I understand the idea of trust and appreciation and the purpose of secrets. I can express appreciation for special relationships.  **Changing Bodies**  I can explore life cycles in nature. I understand how things grow from young to old. I understand the differences in female and male bodies (using correct terminology). I can work with increasing independence and assertiveness.  I can help to prepare for transition. |