

 03300 245 204

 connectforhealth@compass-uk.org

 www.compass-uk.org

 **Connect
for Health**
Your school nursing service

 @c4hwarwickshire

 @schoolhealthc4h

 @compassc4h

Helpful information & useful websites for parents/carers on health & wellbeing for children



ParentLine - Text messaging service

Parents/carers can now text a school nurse from their mobile phone. ParentLine, the school nurse messaging service, is confidential and available Monday to Friday from 9am to 5pm. You can message for advice about general health, child development, behaviour, toileting and emotional health and wellbeing.

Text number: 07520 619376

Warwickshire Family Information Service -
www.warwickshire.gov.uk/fis

Childline - www.childline.org.uk -

NHS Choices - www.nhs.uk

Family Lives - www.familylives.org.uk

www.safeline.org.uk - Affected by sexual abuse or rape 0808 800 5005, Text 07860 0275573

www.papyrus-uk.org - Suicide prevention 0800 068 4141

Anaphylaxis/ Allergies

www.anaphylaxis.org.uk

www.allergyuk.org

Asthma

www.asthma.org.uk

Bladder & Bowel, Bedwetting

www.eric.org.uk

<https://www.bbuk.org.uk/children-young-people/>

Cancer

www.macmillan.org.uk

www.cancerresearchuk.org

Children's Arthritis

<https://www.ccaa.org.uk/>

Diabetes

www.diabetes.org.uk/guide-to-diabetes/your-child-and-diabetes

Epilepsy

www.epilepsy.org.uk

www.epilepsysociety.org.uk

Eczema

www.eczema.org

Diet, healthy eating, physical activity and exercise

www.bda.uk.com/resource/fruit-and-vegetables-how-to-get-five-a-day

www.nhs.uk/healthier-families/

www.fitterfutureswarwickshire.co.uk