



Physical Education Policy

Originator	PE Lead
Issue Date	September 2025
Agreed by staff	September 2025
Ratified by Governors	
To be reviewed	September 2028
Monitored by	Co-Headteachers and Chair of Governors

Introduction

At Race Leys Infant School, we believe that Physical Education (PE) is vital for the physical, social, emotional, and cognitive development of all children. PE provides opportunities for children to develop Fundamental Movement Skills, build confidence, promote lifelong participation in physical activity, and foster teamwork and leadership.

Our PE curriculum is inclusive, progressive, and broad, ensuring that every child—regardless of background, ability, or need—can succeed and thrive.

Aims

Our aims are to:

- * Develop pupils' Fundamental Movement Skills (FMS) to establish strong foundations for physical activity.
- * Support both gross and fine motor skill development through targeted interventions and programmes.
- * Provide a broad and balanced PE curriculum that includes Real PE, a range of sports, and outdoor play opportunities.
- * Foster a love of physical activity that continues beyond the classroom and contributes to a healthy lifestyle.
- * Promote social skills, cooperation, teamwork, and leadership through structured PE and play activities.
- * Ensure PE is inclusive and accessible for all pupils, including those with additional needs.

Curriculum Provision

We deliver PE through a combination of approaches:

3.1 Real PE Programme

We use Real PE as a key element of our curriculum. This scheme develops agility, balance, coordination, healthy competition, and cooperative learning.

3.2 Fundamental Movement Skills (FMS)

A strong emphasis is placed on building core movement skills such as running, jumping, throwing, catching, balancing, and coordination.

3.3 Targeted interventions are used to support development, including:

- Moves Programme
- OT Fundamental Skills
- Finger Gym

3.4 Sports and Activities

A variety of sports are woven into the curriculum to provide breadth and exposure to different activities.

Skills and knowledge are built progressively across EYFS and Key Stage 1.

3.5 Outdoor Play and Learning

Outdoor play is an essential part of our provision. We recognise its value in developing physical skills, resilience, problem-solving, and social interaction.

We are currently working towards the OPAL (Outdoor Play and Learning) Award Accreditation to further enhance our outdoor opportunities.

3.6 PE Leadership

In Year 2, children are taught PE / Play Leadership skills, enabling them to take on leadership roles during playtimes and support younger peers.

Inclusion

We are committed to ensuring that every child can access and enjoy PE. Our inclusive approach includes:

- * Differentiated activities to meet the needs of all learners.
- * Specialist interventions for pupils with motor development challenges.
- * Adaptive strategies for children with SEND or medical needs.
- * Opportunities for every child to feel valued and successful in physical activity.

Assessment and Progression

Teachers assess pupils' progress through observation, feedback, and use of the Real PE framework.

Progress in Fundamental Movement Skills and social/personal development is closely monitored.

Assessment informs planning and ensures that learning builds progressively year on year.

PE Lead Responsibilities

The PE Lead at Race Leys Infant School is responsible for:

- * Developing, monitoring, and reviewing the PE curriculum.
- * Ensuring staff have access to high-quality CPD to deliver effective PE.
- * Monitoring teaching, learning, and pupil progress in PE.
- * Overseeing interventions for fine and gross motor development.
- * Leading the school's progress towards OPAL Award Accreditation.

- * Coordinating Year 2 leadership opportunities in PE and play.
- * Managing and reporting on the use and impact of the PE and Sport Premium Funding.
- * Sports Premium Reporting

The PE Lead ensures that Sports Premium Funding is used effectively to:

- * Increase participation in physical activity.
- * Raise the profile of PE across the school.
- * Develop staff confidence and subject knowledge.
- * Broaden the range of sports and activities offered.
- * Provide opportunities for competitive sport and leadership.
- * An annual report is prepared and published on the school's website, demonstrating how the funding has been spent and its impact.

Health and Safety

All PE activities are risk assessed and delivered in line with national guidance.

Children are taught safe practices, including appropriate use of equipment and respect for others' space.

Suitable clothing and footwear are required for all PE lessons. Children are encouraged to use trainers that can be done up themselves.

Jewellery must be removed wherever possible or taped if needed.

Monitoring and Review

This policy will be reviewed annually by the PE Lead and the Senior Leadership Team. Governors will monitor the impact of the PE curriculum and the effective use of Sports Premium Funding.